



CODE OF CONDUCT

INTRODUCTION

Stroud Boxing Club (SBC) is fully committed to promoting a supportive and respectful environment where all members can thrive. All those involved in SBC activities, whether as participants, coaches, officials or spectators, are therefore required to adhere to the standards of behaviour set out within this Code of Conduct.

OUR COMMITMENT

SBC respect the rights, dignity and worth of every person involved in its activities. SBC is committed to its members enjoying boxing in an environment free from discrimination, intimidation, harassment and abuse. SBC believes that it is the responsibility of all of all its members to challenge discriminatory behaviour and promote equality of opportunity.

CONDUCT

Members of SBC will, at all times, demonstrate the following behaviours:

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| P ositivity | Always maintain a positive attitude in and out of the gym. Support your fellow boxers and contribute to a friendly and encouraging environment. |
| U nity | We train as a team and support each other. Respect everyone in the club, regardless of ability, age, race, ethnicity, gender, religion or sexual orientation, and work together to achieve common goals. |
| N uture | Focus on personal growth and the development of others. Offer constructive feedback and be open to learning from your coaches and peers. |
| C ommitment | Show dedication to your training, your fellow members and the club. Attend sessions regularly, be punctual, and give your best effort every time. |
| H umility | Stay humble in victory and gracious in defeat. Understand that boxing is not just about winning but also about learning and improving. |
| H onesty | Be honest with yourself and others. Acknowledge your strengths and weaknesses, and strive to improve with integrity and fairness. |
| A ccountability | Take responsibility for your actions inside and outside the ring. Hold yourself to high standards of behaviour, both as a boxer and as a member of the community. |
| R espect | Show respect to coaches, referees, and opponents. Understand that respect is earned through actions and is a cornerstone of the sport. |
| D ignity | Follow the rules and guidelines of the club and the sport. Discipline yourself to maintain focus, work hard, and stay committed to your training. |



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HEALTH AND SAFETY

SBC is strongly committed to encouraging members to take part, but the health, wellbeing and safety of each individual is always our paramount concern. The club will therefore take all reasonable steps to ensure that all its activities are safe in line with the club's Safeguarding Policy. SBC coaches will ensure that individuals participating in boxing are as safe as possible, and will:

- Consult with boxers individually regarding their health, and ensure that boxers pursue healthy and realistic diet and training plans
- For competing boxers, arrange for medicals to be conducted annually in accordance with England Boxing regulations
- Ensure that all team members comply with England Boxing's rules and regulations

Members are expected to:

- Take reasonable care for their own health and safety and that of others who may be affected by what they do or not do
- Follow healthy and realistic diet and training plans
- Co-operate with the club on health and safety issues
- Correctly use all equipment provided by the club
- Not interfere with or misuse anything provided for their health, safety or welfare
- Ensure that they update the club and coaches with any medical information or changes to emergency contact details

ANTI-DOPING

Members must note that teams or individuals could potentially be subject to random testing during competitions. Members caught with banned substances in their system will be subject to disciplinary proceedings.

PUBLICATIONS, INTERNET AND SOCIAL MEDIA

SBC wishes to promote the club positively both within the boxing community and as a local business and community interest company. It recognises that its publications, online, print and social media are important tools in recruiting new members and engaging with potential supporters and sponsors. It is the duty of all SBC members to manage their personal social media presence responsibly. As such, all members should ensure that they:

- Recognise that the Code of Conduct applies to their own online behaviour and social media activity
- Refrain from publishing comments about other clubs, players or judges and any controversial or potentially inflammatory subjects
- Avoid hostile or harassing communications in any posts or other online communications
- Give credit to the original publisher or author when publishing direct paraphrased quotes, thoughts, ideas, photos or videos
- Review responses to online posts and resolve any concerns before they are posted



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SOCIAL EVENTS

Social functions form an important part of a club's activities. SBC is committed to ensuring that all members are able and encouraged to participate in an atmosphere free from discrimination or fear. As such, SBC will aim to organise a range of social events that are as inclusive as possible. Members should be aware that:

- Participation in any form of social activity is completely optional
- They must not force others to participate in initiations and/or other social and sporting events run by the SBC and can opt-out without fear of undue pressure, reprisal or any other form of discrimination at any point
- The Code of Conduct applies in any club-led social event

BREACHES OF THE CODE OF CONDUCT

The Stroud Boxing Club Committee has the authority to suspend or expel a member or members whose actions are felt to be such as to bring the club into disrepute, gravely harm the safety, wellbeing and/or interests of its members, or constitute a breach of the Code of Conduct.

The Committee may also take legal action in respect of a member of the club if required. The Committee may take action as a result of member behaviour within any club-organised activities.

In the event that the member is a child or young person under the age of 18, their parents/carers will be invited to discuss an incident with the owner. The Club Welfare Officer will inform the child's school or college if there is a safeguarding or welfare concern for the member or any other members affected.

Should a serious breach of the Code of Conduct be identified, the owner may suspend a member from SBC and club activities pending further investigation. In the event of expulsion due to breach of the Code of Conduct, the member will not be entitled to any full or partial refund of club membership.

If the excluded or suspended member wishes to appeal the decision to suspend or expel, that appeal should be made to the Club Welfare Officer, who will consider all the facts, and whose decision will be final.

WELFARE

SBC takes the welfare of its members seriously. Any member that has any concerns regarding their welfare or those of others involved in club activities can discuss these in confidence with their coach, or with the owner or the Club Welfare Officer:

Owner	Tyrone McFarlane	info@stroudboxing.com
Club Welfare Officer	Lois Smith	loischarlton@hotmail.com